











# Women's Health Breakfast

# Women Talking About Health

**May 11, 2024** | Saturday





Camille **Green**, MD Hunterdon Internal Medicine Associates

"Physical & Emotional Wellness through the Decades"



Renee **Davison**Capital Area YMCA

"Group Fitness"



Chelsea **Wargo, cpt**Capital Health Wellness Center

"Exercise & Pelvic Health"



Loletha C. **Johnson, MSN, RN** NJ Dept. of Health, NJ Cancer Education & Early Detection Program

**Moderator** 

Onsite ervices\*

Our Presenters

- Trenton Health Team Health Vitals, A1c Testing, Cover All Kids Information
- ScreenNJ Mobile Health Van\* Breast, Cervical & Lung Screening Assessments
- Community Health Resources & Services

\*By appointment - provided upon registration

### WHAT - CELEBRATING WOMEN'S HEALTH

This free program celebrates women and Mother's Day with experts sharing information on disease prevention, early detection and lifestyle wellness that can make a difference in achieving optimal health. Women experience unique health care challenges from pregnancy and menopause to gynecological conditions. Cancer and diabetes are the leading chronic diseases women face. Join us to learn more.

# WHEN - SATURDAY, MAY 11, 2024

8:30 – 9:30 AM Registration/Check-in &

Free Hot Breakfast Buffet Catered by Taste of Ty's Kitchen

9:30 - 11:30 AM Program Presentation

#### WHERE

Union Baptist Church Fellowship Hall (Downstairs) 301 Pennington Avenue Trenton, NJ 08618 On-site Parking Available (Reservoir St & Frazier St)

## **REGISTER TODAY!**

To register use the link below, QR code, or CALL 908-237-2328.

https://forms.gle/dTENZZZQUkLYMyxFA

Pre-registration is requested by May 6, 2024.

