LAWRENCE ALCOHOL AND DRUG ALLIANCE

MINUTES November 27, 2018 9:00A.M.

Manager's Conference Room

Present: Lisa Snyder, Project Graduation

Nancy Bergen, Recreation Department Lt. Joe Amodio, Police Representative

Ann DeGennaro, Superintendent of Schools Representative

Samantha Rios

Malissa Arnold, Program Coordinator, Mercer Council on Alcoholism and Drug Addiction

Jude Aptaker-Shine, Oaks Integrated Care

Carol Chamberlain, Chairperson

Absent: Kelly Nitti, Community Representative

Jeff Radice, Recreation Superintendent Naeem Aktar, Community Representative Dr. David Maffei, Council Liaison

Susan Stahley, Community Representative

1. Review of Minutes

The minutes from the October 23, 2018 meeting were reviewed and approved.

2. Grant Activity Reports

<u>Project Graduation</u> – The activities for Project Graduation are focused in the spring including Mr. LHS, senior breakfast and Project Graduation. Parent meetings continue monthly in preparation for these activities.

PETS/CIA – Haunted High event went well. The students are still talking about it and the fun activities provided.

The Lawrence High School has established a new vaping policy. Anyone caught vaping on school property may be drug tested. Three students have been caught vaping under the new policy. The Hopewell Valley Municipal Alliance requested a copy of the vaping policy.

Ann DeGennaro is purchasing shirts for the CIA group which continues to meet on a regular basis.

Ann is also looking to purchase shirts for faculty at Lawrence High School to wear. Shirts will say "Got Help?" in order to encourage students to ask for help and for resources to assist them.

Susan Stahley was not present to report on peer education activities at Rider University.

Sticker Shock - No activity reported.

<u>Parents Who Host</u> – The group discussed possible events and venues at which Parents Who Host information can be shared at Lawrence High School

<u>Camp Fire NJ</u> – No activity reported.

<u>Coordinator Report</u> – Carol Chamberlain reminded the group that the grant is in the second quarter. The In-Kind Match form was reviewed for the grantees. The second quarter will cover all activities between October 1, 2018 and December 31, 2018.

<u>Community Awareness</u> – A program called "Healthy Outlook" was presented at the Lawrence Senior Center to an audience of 70 seniors. The program was presented by the Prevention Coalition of Mercer County.

The LADA, the Lawrence Police Department and the Lawrence Health Department will be jointly offering a medication drop off day at the Lawrence Senior Center in December. The program will also provide education materials to seniors about the importance of the proper disposal of medication.

The public health nurse will conduct a program at the senior center in December on healthy snacks and recipes for alcohol-free drinks for the holidays. The program will include a demonstration preparing alcohol-free drinks, along with recipes. Drink samples will be provided to the seniors. Tips on how to limit alcohol consumption during the holidays will also be provided.

Lt. Joe Amodio reported the Trunk or Treat event was well-attended. Alliance promotional materials were distributed at the event. It is estimated 250 -300 children and their parents attended.

Lt. Amodio reported one individual was referred to Recovery Advocates through the CARE program. Through follow up it was learned the individual did not commit to receiving assistance.

3. Upcoming Events

Nancy Bergen provided information about upcoming events sponsored by the recreation department.

- -Holiday Tree Lighting will be held on Sunday, December 2, 2018.
- -Art classes are being offered on Saturdays.
- -The Colonel Hand March will be held on January 5, 2019.
- -A basketball league for girl's 6th-8th grade will be starting in December.

4. Other Business

Mercer Council on Alcoholism and Drug Addiction/Prevention Coalition of Mercer County -

Malissa Arnold reported the PRIDE Survey is being conducted at other area high schools but will not be conducted in Lawrence schools. This is most likely due to the fact the Social Norms survey was recently completed at Lawrence High School. The Healthy Outlooks program is available to any groups interested in having a presentation. Malissa is continuing to meet with the CIA group at the high school with Ann DeGennaro.

Jude Apataker-Shine –reported the navigators from Oaks Integrated Care are working on presentations the following topics:

- -Stigma related addiction
- -How addiction affects the brain
- -How to talk to your children about drugs

5. <u>Next Meeting Date</u>

The next meeting is scheduled for January 22, 2019 at 9:00 am.

6. Adjournment

There being no further business, the meeting was adjourned at 10:20 a.m.

Respectfully submitted,

Carol Chamberlain Chairperson