

LAWRENCE ALCOHOL AND DRUG ALLIANCE
MINUTES
January 22, 2019
9:00A.M.
Manager's Conference Room

Present: Lisa Snyder, Project Graduation
Susan Stahley, Community Representative
Naeem Aktar, Community Representative
Carol Chamberlain, Chairperson
Jude Aptaker-Shine, Oaks Integrated Care

Absent: Kelly Nitti, Community Representative
Jeff Radice, Recreation Superintendent
Malissa Arnold, Program Coordinator, Mercer Council on Alcoholism and Drug Addiction
Dr. David Maffei, Council Liaison
Ann DeGennaro, Superintendent of Schools Representative
Nancy Bergen, Recreation Department
Joe Lech, Lawrence Township Police Department

1. Review of Minutes

The minutes from the November 27, 2018 meeting were tabled due to the lack of a quorum.

2. Grant Activity Reports

Project Graduation – Lisa Snyder reported on the activities for Project Graduation are focused in the spring including Mr. LHS, senior breakfast and Project Graduation. Project Graduation is scheduled for June 20, 2019. Parent meetings continue in preparation for these activities. The dates for the planning meetings include February 4, March 4, April 1, May 6 and June 3. All meetings start at 7:00 p.m. and are held in the library. Types of assistance needed for Project Graduation include food donations, corporate sponsors and volunteers for the night of the event.

PETS/CIA –No report from Lawrence High School.

Rider University

In December, Susan shared information on campus with students about holiday de-stressing. Students were given coping skills in the form of activities to de-stress during the holidays while on break. Students were given a chance to win prizes on campus if they could list de-stressing ideas to Susan.

Training for resident life staff will be held this week. Information on substance use prevention will be discussed with CA staff during the training. Susan S. indicated reports of use on campus are significantly lower than in past years. She will be discussing with the CA staff the importance of accurate reporting of incidents.

The Safe Rides program has started again at Rider. The university has an agreement with LYFT to provide rides for students. Students are eligible for three rides per semester through the Safe Rides program. Rides are available Thursday, Friday and Saturday nights during the semester.

An awareness fair will be held for students on Friday, February 1st. Susan S. is coordinating the event.

Sticker Shock – Susan explained students will be returning to campus this weekend,. She may have a group of students to do a Sticker Shock activity at Joe Canals. Carol C. asked if students would be available Super Bowl Sunday weekend to conduct a Sticker Shock event.

Parents Who Host – The group discussed possible events and venues at which Parents Who Host information can be shared at Lawrence High School events.

Camp Fire NJ – No activity reported.

Coordinator Report – Carol Chamberlain reminded the group the grant is in the second quarter. The In-Kind Match form was reviewed for the grantees. The second quarter will cover all activities between October 1, 2018 and December 31, 2018.

Community Awareness – The LADA, the Lawrence Police Department and the Lawrence Health Department offered a medication drop off day at the Lawrence Senior Center in December. A total of 65 pounds of medication were collected at the event. Literature was distributed to seniors about the importance of the proper disposal of medication.

The public health nurse conducted a program at the senior center in December on healthy snacks and recipes for alcohol - free drinks for the holidays.. Samples of non-alcoholic holiday drinks were provided to the seniors. Tips on how to limit alcohol consumption during the holidays were also provided.

Ann DeGennaro, SAC, Lawrence High School testified at the NJ Department of Health Budget hearing in January. Ann presented information on the importance of funding for prevention and specifically prevention activities in schools. Ann also mentioned there are only two treatment facilities for youth in New Jersey and there is a need for additional treatment options for youth. The information was presented directly to the NJ Commissioner of Health, Dr. Shereef Elnahal

3. Upcoming Events – Carol C. mentioned the Mercer County Volunteer Recognition Dinner would be held tomorrow evening at Mercer Oaks Golf Course. Susan Stahley will be honored as the Mercer County Volunteer of the Year. Congratulations to Susan for a well-deserved honor.

4. Other Business

Jude Apataker-Shine reported presentations are being finalized on the following topics.

- Stigma related addiction
- How addiction affects the brain
- How to talk to your children about drugs
- Prevention, treatment and recovery

5. Next Meeting Date

The next meeting is scheduled for February 26, 2019 at 9:00 am.

6. Adjournment

There being no further business, the meeting was adjourned at 9:35 a.m.

Respectfully submitted,

Carol Chamberlain
Chairperson