



# Men's Health Breakfast Men Talking to Men About Health

24 June 2023 | Saturday

Join an interactive program addressing leading health issues facing men

Our Presenters

From Capital Health



**Eric Mayer, MD**  
Urologist



**Mark Saxena, MD**  
Gastroenterologist

Facilitated by:



**Nashon Hornsby, JD**  
Assistant Commissioner,  
NJ Department of Health

Other Services Provided:

- ✓ Health vitals, i.e. blood pressure
- ✓ Prostate cancer screening
- ✓ Fecal colorectal screening kits to those eligible

## WHAT – PROSTATE AND COLORECTAL HEALTH

This free, men-only program celebrates Men's Health Month with experts sharing information on disease prevention and early cancer detection that can make a difference in men's lives and those around them.

## WHY

- Because 1 in 2 men will develop cancer during their lifetime.
- Prevention and early detection saves lives.

## WHEN – SATURDAY, JUNE 24

**8:30 – 9:00 AM** Registration & Hot Breakfast Buffet catered by The Taste of Ty's Kitchen

**9:00 – 11:00 AM** Program

## WHERE

Union Baptist Church  
Fellowship Hall (Downstairs)  
301 Pennington Avenue  
Trenton, NJ 08618

Register now!



To register **SCAN** the QR code or **CALL 908-237-2328**.

Pre-registration is encouraged by June 16, 2023.