

## **MENTAL HEALTH RESOURCES**

<p><b><u><a href="#">New Jersey Hopeline</a></u></b>  call <b>988</b>  <a href="https://njhopeline.com/">https://njhopeline.com/</a>  NJ suicide prevention hotline</p>	<p><b><u><a href="#">NJ Vet2Vet</a></u></b>  <b>1-866-838-7654</b>  <a href="https://www.njvet2vet.com/">https://www.njvet2vet.com/</a>  Support to NJ National Guard members, active military personnel, veterans, their families and caregivers statewide through text, chat, email or phone.</p>
<p><b><u><a href="#">Capital Health Emergency Mental Health Services</a></u></b>  <b>609-396-HELP (4357)</b>  24/7 hotline  <a href="https://www.capitalhealth.org/medical-services/emergency-mental-health-services">https://www.capitalhealth.org/medical-services/emergency-mental-health-services</a></p>	<p><b><u><a href="#">NJ Children’s System of Care</a></u></b>  <b>1-877-652-7624</b>  Child in Crisis 24-hour 7 day a week 365 day a year hotline  <a href="https://www.nj.gov/dcf/about/divisions/dcsc/">https://www.nj.gov/dcf/about/divisions/dcsc/</a></p>
<p><b><u><a href="#">Domestic Violence Hotline</a></u></b>  <b>1-800-572-SAFE (7233)</b>  24/7 hotline – bilingual and accessible to hearing impaired individuals  <a href="https://www.thehotline.org/">https://www.thehotline.org/</a></p>	<p><b><u><a href="#">SAMHSA Disaster Distress Helpline</a></u></b>  <b>1-800-985-5990</b>  call or text  <a href="https://www.samhsa.gov/find-help/disaster-distress-helpline">https://www.samhsa.gov/find-help/disaster-distress-helpline</a>  National hotline: year-round disaster crisis counseling. Toll-free, multilingual, crisis support service is available 24/7 to all residents in the U.S. and its territories who are experiencing emotional distress related to natural or human-caused disasters.</p>
<p><b><u><a href="#">National Alliance on Mental Illness (NAMI)</a></u></b>  Helpline: <b>609-799-8994 x17 OR</b>  <a href="mailto:helpline@namimercer.org">helpline@namimercer.org</a>  <a href="https://namimercer.org/">https://namimercer.org/</a>  Helpline and Support groups offered to Mercer County</p>	<p><b><u><a href="#">COVID CONNECT Helpline</a></u></b>  <b>(833) 223-0011 M-F 9am to 5pm</b>  The COVID CONNECT helpline will provide and expand behavioral health treatments and support to individuals who are experiencing mental health and substance abuse issues related to the spread of the COVID-19 virus. A series of screening tools will be used to assess the caller's level of distress and mental health/addiction needs.</p>
<p><b><u><a href="#">AACT-NOW (African American), CAMHOP (Chinese), NAMI En Español (Latino) and SAMHAJ (South Asian) are four NAMI NJ innovative multi-cultural support and education programs</a></u></b>  1-866-626-4664</p>	<p><b><u><a href="#">Oaks Integrated Care</a></u></b>  <b>1911 Princeton Avenue</b>  <b>Lawrenceville, NJ 08648</b>  <b>609-583-1900</b></p>

<p>Outreach to African American, Chinese, Latino and South Asian families. The programs also provide education for mental health professionals to help them better understand cultural and treatment issues relevant to these populations.</p> <p><a href="https://www.naminj.org/programs/multicultural/">https://www.naminj.org/programs/multicultural/</a></p>	<p><b>2550 Brunswick Pike Lawrenceville, NJ 08648 609-396-8877</b> <a href="https://oaksintcare.org/">https://oaksintcare.org/</a></p> <p>Oaks Integrated Care is a private, nonprofit organization dedicated to improving the quality of life for children, adults and families living with a mental illness, addiction or developmental disability.</p>
<p><b><a href="#">NAMI NJ Online Support Groups</a></b> NAMI offers various support groups to various groups of people via Zoom</p> <p><a href="https://www.naminj.org/online-support-groups/">https://www.naminj.org/online-support-groups/</a></p>	<p><b><a href="#">New Jersey Resource Directory 2024</a></b> for Mental Health Services in the Mercer County area.</p> <p><a href="https://www.nj.gov/humanservices/dmhas/home/hotlines/MH_Dir_COMPLETE.pdf">https://www.nj.gov/humanservices/dmhas/home/hotlines/MH_Dir_COMPLETE.pdf</a></p>
<p><b><a href="#">Department of Human Services STOP OVERDOSES</a></b> <b>4 Princess Road, Suite 206 609-482-3701</b> <a href="https://www.lifebacknj.com/">https://www.lifebacknj.com/</a> <a href="https://nj.gov/humanservices/stopoverdoses/">https://nj.gov/humanservices/stopoverdoses/</a></p> <p>Provide Naloxone information and resources as well as access to a list of all the pharmacies in NJ that provide free Naloxone to anyone over the age of 14. <a href="#">List of participating pharmacies</a></p>	<p><b><a href="#">The Trevor Project</a></b> The Trevor Project o Trevor Lifeline, a 24-hour confidential suicide hotline for <b>LGBTQ Youth: 866-488-7386</b> <b>Trevor Text: Text messaging hotline: Text START to 678-678</b> Trevor Chat: Online instant messaging hotline <a href="http://www.TheTrevorProject.org/get-help-now">www.TheTrevorProject.org/get-help-now</a></p>
<p><b><a href="#">Lifeback Addictions And Behavioral Health</a></b> State licensed and accredited Mental Health and Psychiatric agency with a dedicated team provides services to children, adolescents, and adults; utilizing a wide range of evidence-based practices.</p>	<p><b><a href="#">Mercer Council on Alcoholism and Drug Addiction</a></b> <b>1931 Brunswick Avenue 609-396-5874</b> <a href="https://www.mercercouncil.org/">https://www.mercercouncil.org/</a></p> <p>Prevention and early intervention programs in partnership with individuals, families, schools, businesses, communities, and professionals throughout Mercer County.</p>
<p><b><a href="#">PEI Kids</a></b> <b>231 Lawrenceville Road 609-695-3739</b> <a href="mailto:information@peikids.org">information@peikids.org</a> <a href="https://peikids.org/">https://peikids.org/</a></p>	<p><b><a href="#">Mercer County Division of Mental Health</a></b> <b>609-989-6574</b> advocates for the continued enhancement of a robust, client-centered wellness, and recovery-oriented system of care for all</p>

<p>serves the community in all matters relating to keeping our children safe from the risks of abuse, sexual abuse, bullying, delinquency, and online predation.</p>	<p>residents requiring various levels of mental health care.</p>
<p><b><u><a href="#">Mercer County Office on Addiction Services</a></u></b>  <b>609-989-6897</b>  oversees the provision of community addiction services throughout Mercer County, and contracts with organizations to provide and support community-based prevention, early intervention, treatment, education, and recovery services, including for at-risk and special populations.</p>	<p><b><u><a href="#">Creative Change Counseling</a></u></b>  <b>609-667-7353</b>  <a href="https://www.creativechangeinc.org/">https://www.creativechangeinc.org/</a>  provides sustainable behavioral or mental health recovery in Mercer County, NJ</p>