

# February 2024

Happy Chinese New Year

## Lawrence Township Office on Aging Senior Center Calendar



### BLACK HISTORY MONTH



**LAWRENCE TOWNSHIP**  
 30 East Darrah Lane, Lawrence Twp. NJ  
 Phone: 609-844-7048  
 Office Hours: 8:30 - 4:30 pm  
 www.lawrencetwp.com

Lillian LaSalle, Executive Director  
 llasalle@lawrencetwp.com

Natasha Pacera, Recreation Leader  
 npacera@lawrencetwp.com

**TRANSPORTATION SERVICES**  
 Senior Van available weekdays between 8:30 AM to 3:00 PM. By appointment only - Must call 48 hours in advance. For Lawrence Townships Residents 60+. Van Service only transports local.

**REGISTRATION**  
 Pre-Registration is required for ALL Senior Center Programs by calling or visiting the center. Programs for Lawrence Twp. Seniors 60 years and older.

**MERCER COUNTY NUTRITION HOT LUNCHES**

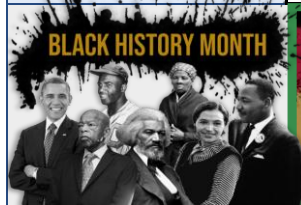
MON. WED. THURS. AND FRI.  
**No Nutrition on Tuesdays**  
 9:15 AM - Coffee

PLEASE Sign-in for meal by 10:45 AM  
 Pre-Registration Required - Please call  
 (609) 883-8085 OR (609) 989-6650  
 Assistant Site Manager: LaRhonda Davis

**SIGN UP FOR ACTIVITIES**

Hula Dancing, Mah-Jongg, Rummikub, Food Safety & Healthy Recipe Series, People & Stories, Valentine's Bingo and Black History Month Social!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>LIMITED SPACES FOR AARP TAX PROGRAM</b>                      Lawrence Seniors, please call our Office to make an appointment                      609-844-7048</p>				<p>1 EXERCISE - 9 AM                      HULA DANCING - 10:15 AM                      RUMMIKUB - 1:00 PM</p>	<p>2 Groundhog Day  <b>WEAR RED DAY</b>                      YOGA 9 - 10 AM                      LINE DANCE 10 - 11 AM                      WATERCOLOR FREESTYLE - 10 AM                      BINGO 1 - 3 PM</p>	<p>3</p>
<p>4</p>	<p>5 EXERCISE - 9 AM                      ACRYLIC ART - 10:00 AM                      TAI-CHI - 10:30 AM</p> <p>FOOD SAFETY &amp; HEALTHY RECIPE SERIES - 1:30 PM</p> <p>MAH-JONGG - 1:00 PM</p>	<p>6 DUPLICATE BRIDGE - 9 AM                      CLUB #1 - 10:00 AM</p> <p><b>AARP TAX By Appointment</b>                      SCULPTURE CLASS - 1:00 PM                      HEALTHY BONES 1:30 PM</p>	<p>7 LINE DANCE - 9:30 AM  <b>BLACK PERSPECTIVES</b>                      MUSIC OF YESTERDAY, TODAY &amp; TOMORROW 10:30 AM</p> <p>BUSY BEES - 12:30 PM                      LAWRENCEVILLE STUDENT TECH HELP 1:00 - 3:00 PM                      MEMOIR WRITING - 2 PM</p>	<p>8 EXERCISE - 9 AM                      HULA DANCING - 10:15 AM                      RUMMIKUB - 1:00 PM                      PEOPLE &amp; STORIES - 1:30 PM</p>	<p>9 YOGA 9 - 10 AM                      LINE DANCE 10 - 11 AM                      WATERCOLOR FREESTYLE - 10 AM                      POETRY 1:00 PM - MC LIBRARY</p> <p>BINGO 1 - 3 PM</p>	<p>10 Chinese New Year</p>
<p>11</p>	<p>12</p> <p>TOWNSHIP OFFICES &amp; SENIOR CENTER CLOSED</p>	<p>13 Mardi Gras</p> <p>DUPLICATE BRIDGE - 9 AM                      CLUB #2 - 10:00 AM</p> <p><b>AARP TAX By Appointment</b>                      SCULPTURE CLASS - 1:00 PM                      HEALTHY BONES 1:30 PM</p>	<p>14 Valentine's Day / Ash Wednesday</p> <p>LINE DANCE - 9:30 AM                      EXECUTIVE COMMITTEE MEETING 9:30 AM                      BUSY BEES - 12:30 PM                      Valentine's Paint &amp; Sip 1:00 PM                      LAWRENCEVILLE STUDENT TECH HELP 1:00 - 3:00 PM                      MEMOIR WRITING - 2 PM</p>	<p>15 EXERCISE - 9 AM                      HULA DANCING - 10:15 AM                      RUMMIKUB - 1:00 PM                      PEOPLE &amp; STORIES - 1:30 PM</p>	<p>16 YOGA 9 - 10 AM                      LINE DANCE 10 - 11 AM</p> <p><b>CHINESE NEW YEAR ACTIVITY 10:30 AM</b>                      WATERCOLOR FREESTYLE - 10 AM                      VALENTINE'S BINGO 1 - 3 PM</p>	<p>17</p>
<p>18</p>	<p>19</p> <p>TOWNSHIP OFFICES &amp; SENIOR CENTER CLOSED</p>	<p>20 DUPLICATE BRIDGE - 9 AM                      CLUB #1 - 10:00 AM</p> <p><b>AARP TAX By Appointment</b>                      SCULPTURE CLASS - 1:00 PM                      HEALTHY BONES 1:30 PM</p>	<p>21 LINE DANCE - 9:30 AM</p> <p>Visit by George Washington 10:30 AM - 11:30 AM</p> <p>BUSY BEES - 12:30 PM                      LAWRENCEVILLE STUDENT TECH HELP 1:00 - 3:00 PM                      MEMOIR WRITING - 2 PM</p>	<p>22 EXERCISE - 9 AM                      HULA DANCING - 10:15 AM                      RUMMIKUB - 1:00 PM                      PEOPLE &amp; STORIES - 1:30 PM</p>	<p>23 YOGA 9 - 10 AM                      LINE DANCE 10 - 11 AM</p> <p>WATERCOLOR FREESTYLE - 10 AM                      BINGO 1 - 3 PM</p>	<p>24</p>
<p>25</p>	<p>26 EXERCISE - 9 AM                      ACRYLIC ART - 10:00 AM                      TAI-CHI - 10:30 AM</p> <p>FOOD SAFETY &amp; HEALTHY RECIPE SERIES - 1:30 PM</p> <p>MAH-JONGG - 1:00 PM</p>	<p>27 DUPLICATE BRIDGE - 9 AM                      CLUB #2 - 10:00 AM</p> <p><b>AARP TAX By Appointment</b>                      SCULPTURE CLASS - 1:00 PM                      HEALTHY BONES 1:30 PM</p>	<p>28 LINE DANCE - 9:30 AM</p> <p>BUSY BEES - 12:30 PM                      LAWRENCEVILLE STUDENT TECH HELP 1:00 - 3:00 PM                      MEMOIR WRITING - 2 PM</p>	<p>29 EXERCISE - 9 AM                      HULA DANCING - 10:15 AM                      RUMMIKUB - 1:00 PM</p> <p><b>BLACK HISTORY MONTH SOCIAL 1:00 - 3:00 PM</b>                      PEOPLE &amp; STORIES - 1:30 PM</p>		<p>PEOPLE &amp; STORIES                      GENTE Y CUENTOS</p>



**BLACK HISTORY MONTH**

Come out to celebrate Black History Music February 7th at 10:30 AM and join us for our Black History Month Social on February 29th with Trenton Senior Tap Dancers at 1:00 PM



Ring in the 2024 Chinese's New Year on February 16th at 10:30 AM with Beautiful calligraphy by Micheal Shui  
 Happy Year of the Dragon!

Visit from George Washinton February 21st at 10:30 AM  
 Learn about the stories & secrets of our 1st President!

People & Stories 8-week session will be starting up again on February 8th from 1:30 to 3:00 PM  
 Please Sign-up or Call