



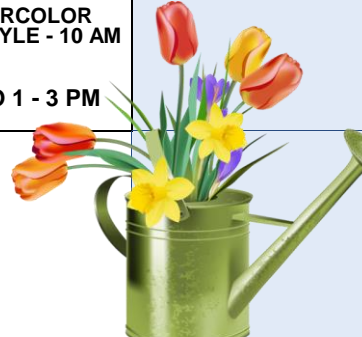
APRIL 2024

Lawrence Township Office on Aging Senior Center Calendar



Volunteer Appreciation & National Poetry Month

LAWRENCE TOWNSHIP SENIOR CENTER

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Medicare Patrol Talk Wednesday, April 3rd at 10:30 AM To educate seniors on scams and identity theft. Help prevent, detect and report health care fraud, errors & abuse.	1 EXERCISE - 9 AM ACRYLIC ART - 10:00 AM TAI-CHI - 10:30 AM MAH-JONGG - 1:00 PM	2 DUPLICATE BRIDGE - 9 AM CLUB #1 - 10:00 AM AARP TAX By Appointment SCULPTURE CLASS - 1:00 PM HEALTHY BONES 1:30 PM	3 LINE DANCE - 9:30 AM MEDICARE PATROL TALK 10:30 AM BUSY BEES - 12:30 PM LAWRENCEVILLE STUDENT TECH HELP 1:00 - 3:00 PM MEMOIR WRITING - 2 PM	4 EXERCISE - 9 AM RUMMIKUB - 1:00 PM	5 *YOGA 9 - 10 AM LINE DANCE 10 - 11 AM WATERCOLOR FREESTYLE - 10 AM BINGO 1 - 3 PM	*Last Day of Yoga at the Senior Center will be April 5th. 2024 Spring Yoga series will be held at the <u>Lawrence Community Center - 295 Eggerts Crossing Rd, Lawrence NJ</u> starting April 12th.
	7	8 EXERCISE - 9 AM ACRYLIC ART - 10:00 AM TAI-CHI - 10:30 AM MAH-JONGG - 1:00 PM	9 DUPLICATE BRIDGE - 9 AM CLUB #2 - 10:00 AM AARP TAX By Appointment SCULPTURE CLASS - 1:00 PM HEALTHY BONES 1:30 PM	10 LINE DANCE - 9:30 AM EXECUTIVE COMMITTEE MEETING 9:30 AM BUSY BEES - 12:30 PM LAWRENCEVILLE STUDENT TECH HELP 1:00 - 3:00 PM MEMOIR WRITING - 2 PM	11 EXERCISE - 9 AM RUMMIKUB - 1:00 PM	
 At Lawrence Community Center - 295 Eggerts Crossing Rd, Lawrence NJ Sign-up for: Exercise Yoga (4/12 - 6/7) Tai-Chi (4/1 - 5/20) Call 609-844-7048 or visit the Senior Center	14	15 EXERCISE - 9 AM ACRYLIC ART - 10:00 AM TAI-CHI - 10:30 AM MAH-JONGG - 1:00 PM	16 DUPLICATE BRIDGE - 9 AM CLUB #1 - 10:00 AM SCULPTURE CLASS - 1:00 PM HEALTHY BONES 1:30 PM	17 LINE DANCE - 9:30 AM JEWISH FAMILY AND CHILDREN'S SERVICES TALK 10:30 AM BUSY BEES - 12:30 PM LAWRENCEVILLE STUDENT TECH HELP 1:00 - 3:00 PM MEMOIR WRITING - 2 PM	18 EXERCISE - 9 AM POEM IN A POCKET PROGRAM 10:30 AM RUMMIKUB - 1:00 PM	19 YOGA 9 - 10 AM LINE DANCE 10 - 11 AM WATERCOLOR FREESTYLE - 10 AM BINGO 1 - 3 PM
	21	22 EXERCISE - 9 AM ACRYLIC ART - 10:00 AM TAI-CHI - 10:30 AM MAH-JONGG - 1:00 PM	23 DUPLICATE BRIDGE - 9 AM CLUB #2 - 10:00 AM SCULPTURE CLASS - 1:00 PM HEALTHY BONES 1:30 PM	24 LINE DANCE - 9:30 AM BUSY BEES - 12:30 PM LAWRENCEVILLE STUDENT TECH HELP 1:00 - 3:00 PM MEMOIR WRITING - 2 PM	25 EXERCISE - 9 AM RUMMIKUB - 1:00 PM Volunteer Appreciation Social 1:00 - 3:00 PM	26 YOGA 9 - 10 AM LINE DANCE 10 - 11 AM WATERCOLOR FREESTYLE - 10 AM BINGO 1 - 3 PM
28	29 EXERCISE - 9 AM ACRYLIC ART - 10:00 AM TAI-CHI - 10:30 AM MAH-JONGG - 1:00 PM	30 DUPLICATE BRIDGE - 9 AM CLUB #1 - 10:00 AM SCULPTURE CLASS - 1:00 PM HEALTHY BONES 1:30 PM				

30 East Darrah Lane, Lawrence NJ
Phone: 609-844-7048
 Office Hours: 8:30 - 4:30 pm
www.lawrencetwp.com

Lillian LaSalle, Executive Director
llasalle@lawrencetwp.com

Natasha Pacera, Recreation Leader
npacera@lawrencetwp.com

TRANSPORTATION SERVICES
 Senior Van available weekdays between 8:30 AM to 3:00 PM. By appointment only - Must call 48 hours in advance. For Lawrence Townships Residents 60+. Van Service only transports local.

REGISTRATION

Pre- Registration is required for ALL Senior Center Programs by calling or visiting the center. Programs for Lawrence Twp. Seniors 60 years and older.

MERCER COUNTY NUTRITION HOT LUNCHEONS

MON. WED. THURS. AND FRI.
No Nutrition on Tuesdays
 9:15 AM - Coffee
 PLEASE Sign-in for meal by 10:45 AM
 Pre-Registration Required - Please call
 (609) 883-8085 OR (609) 989-6650
 Site Manager: Vanessa Banks

SIGN UP FOR ACTIVITIES

AARP Safe Driving Course, Lawrenceville Student Tech Help, Spring Yoga & Tai-Chi, Volunteer Appreciation Social, Senior Prom, Memorial Day Parade and Poem in a Pocket Program!

Poem in a Pocket Program
 Thursday, April 18th at 10:30 AM
 Bring in your favorite poem to share while we celebrate National Poetry Month! We will also have a visit from our local Lawrence poets! Call or visit Senior Center to sign up.

AARP Safe Driving Course
 April 25th 9:00 AM to 3:00 PM
 For Lawrence Seniors 60+ with a valid Drivers License
 \$20.00 for AARP Members
 \$25.00 for non-members
 Payable to the AARP- Call or visit Senior Center to sign up

Senior Prom
 Sign up for our Lawrence Senior Prom! To be held at the Lawrence High School in May. Date -TBD
 Contact the Senior Center for more information.

Sign up for Memorial Day Parade!
 Saturday, May 25th 9:00 AM
 Come on out and represent our Senior Center! For registered Lawrence Senior's 60+. Meet us at the Lawrence High School at 9:00 AM. Call or visit the Senior Center to sign up or for more information.