



**TOWNSHIP OF LAWRENCE**  
**OFFICE ON AGING**  
August 2025 Senior Center  
Program and Activity Highlights



**AUGUST 5<sup>TH</sup> NATIONAL NIGHT OUT 5:30 – 8:00 PM**

Join your neighbors in front of Town Hall for an intergenerational community-wide event with music, food, fun activities, police and emergency vehicles displays and demos; information on local businesses and community-based agencies.

**AUGUST 5 – 14<sup>TH</sup> STUDENT TECH HELP**

High School student volunteers are on hand to assist with smart phone technology, basic computer skills to assist seniors, gain valuable experience and community service hours.

**AUGUST 6<sup>TH</sup> AND BEYOND**

Memoir Writing Group- open to Lawrence residents facilitated by Kathy Saretzky. Start writing the story of your life, 2:00 pm weekly.

**FRIDAYS, AUGUST 1<sup>ST</sup> AND 8<sup>TH</sup> COMPUTER CAMP FOR SENIORS WEEKS 4 & 5**

Join your fellow seniors at “summer camp” at the Lawrence Library at 10:15 AM. Getting started with google, and Gmail; and an introduction to Microsoft Word.

**CORNHOLE – WEDNESDAYS FROM 10:30 TO 11:30 AM**

Cornhole available – practice for the upcoming Countywide Tournament at the County Park; or just for fun!

**HEALTH DEPARTMENT OUTREACHES – FRIDAYS, 8/8 and 8/29 at 10:30 AM**

The Lawrence Health Department nurse will be at the Senior Center to provide blood pressure screenings, weight checks and health information.

**FRIDAY AUGUST 7<sup>TH</sup>, 12:30 PM TIMELESS AT TOWNSQUARE**

Lawrence Senior Center members are invited to a Reminiscence and Fashion Luncheon Event. Dress in your 50’s best. Town Square Adult Day Care- 2 Hospital Drive, Plainsboro TWP. RSVP to 609-306-7355 or sign up at the senior center, limited transportation available.

**SENIOR ZUMBA CLASS, AUGUST 6<sup>TH</sup> - SEPTEMBER 17<sup>TH</sup> WED. AT 2:00 PM**

Dance and Move at the senior center with a licensed fitness instructor, six-week session fee \$25.00.

**NJ PROPERTY TAX RELIEF APPLICATION ASSISTANCE DAY: THURS., AUG. 14<sup>TH</sup> 1 - 4 PM**

Assistance in filling out the PAS-1 form will be provided for Anchor program, tax freeze, and stay NJ. Call the senior center to see which documents are needed.

**CRAFT GROUP: THURSDAYS, AUGUST 21 AND AUGUST 28<sup>TH</sup> 10:30 AM**

Freestyle crafting in the art room. Join other seniors and socialize while creating. You may bring a project to work or do take home handmade craft from our selection.

Lawrence residents 60 and older are welcome to participate in ongoing activities at the Senior Center which include Exercise Class, Acrylic Art Class, Sculpture Class, Watercolor Freestyle Group, Mah-Jongg, Busy Bees, Duplicate Bridge, Club 1 & 2, Line Dancing, Memoir Writing Class and Bingo! Please contact the Lawrence Senior Center or visit us to register for programs! 609-844-7048