

SENIOR CENTER EXERCISE CLASS

FREE FOR AGES 60+ FOR LAWRENCE SENIORS

INSTRUCTOR - VIRGINIA SOLTIS

**WHERE - LAWRENCE SENIOR CENTER
30 EAST DARRAH LANE, LAWRENCE NJ**

**STARTS - JANUARY 4TH
MONDAYS & THURSDAYS
9:00-10:00 AM**

**FOR MORE INFORMATION AND TO REGISTER
PLEASE CALL LAWRENCE TWP SENIOR CENTER
(609)-844-7048**

**BRING A WATER
BOTTLE!**

