

LAWRENCE SENIOR CENTER

TAI-CHI

8 Week Spring
Sessions: \$24

Fee is doubled for
Non-Residents

Thursdays
10:30 - 11:30 AM

CLASS
2

Location:

Lawrence Senior Center
30 East Darrah Lane,
Lawrence, NJ 08648

To **Pre-Register** or for
more information
Call (609) 844-7048 or
Visit the Senior Center

Instructor - Glenn Swann

Class Dates:

Session 1 – **April 10**

Session 2 – **April 17**

Session 3 – **April 24**

Session 4 – **May 1**

Session 5 – **May 8**

Session 6 – **May 15**

Session 7 – **May 22**

Session 8 – **May 29**

***PLEASE EAT AND DRINK
WATER BEFORE CLASS**

**Must be
60+ to
participate**



**BRING WATER
TO CLASS!**