

# SENIOR ZUMBA CLASS

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**NOW WITH TONING EXERCISES!**

WITH INSTRUCTOR SYLVIA



**Starts June 17th and ends July 29th**  
**Wednesdays from 2:00 to 3:00 PM**

## 7-WEEKS

### SERIES FEE: \$28

**Come dance, move and have fun at the Lawrence Senior Center with a Licensed Fitness Instructor. No experience needed! This Zumba is modified for seniors 60 and older.**

**Must be a registered Lawrence resident**

**Please visit the center or call 609-844-7048 to sign up!**

**30 East Darrah Lane, Lawrence NJ**



# W E E K E N

