

# ★ Senior Center ★

## Exercise Class

### PLEASE NOTE:

Social Distance guidelines will be followed

✓ Health Questionnaire is required before each class

✓ Face Mask Required when not Social Distancing



### Classes Held at Lawrence Senior Center

To register please call our Office at

**609-844-7084**

Email us at [cphillips@lawrencetwp.com](mailto:cphillips@lawrencetwp.com) or [llasalle@lawrencetwp.com](mailto:llasalle@lawrencetwp.com)

### When

#### Mondays

Session 1: 9:00 – 10:00

Session 2: 10:00 – 10:45

#### Thursdays

ONLY: 9:15 – 10:15



LAWRENCE TOWNSHIP  
**SENIOR  
CENTER**