

May 2022

Lawrence Township Office on Aging Senior Center Activity Calendar



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	REGISTRATION
1	2 EXERCISE 9:00 - 10:00 AM @ Community Center COMPUTER LAB (9 TO 12) TAI CHI 10:30 - 11:30 AM @ Community Center	3 SENIOR HEALTH FAIR 10:00 AM - 1:00 PM ORCHESTRA - 7:00 PM	4 LINE DANCE W/ BILL 9:30 COMPUTER LAB BY APPOINTMENT (9-12) BUSY BEES 1:00 - 3:00 PM MEMOIR - 2:00 PM (ZOOM)	5 EXERCISE 9:00 - 10:00 AM @ Community Center COMPUTER LAB (9 TO 12) CONCERT BAND PRACTICE 7:00 PM	6 YOGA 9 -10 AM @ Community Center LINE DANCE W/ ROSE - 10:00 COMPUTER LAB (9 TO 12)	7	Pre-Registration for ALL Senior Center Programs By Calling The Center. All Programs For Only Lawrence Seniors 60 Years and Older.
8 	9 EXERCISE 9:00 - 10:00 AM @ Community Center COMPUTER LAB (9 TO 12) TAI CHI 10:30 - 11:30 AM @ Community Center	10 CLUB #2 - 10:30 AM COMPUTER LAB (9 TO 12) HEALTHY BONES - 1:30 - 3:00	11 LINE DANCE W/ BILL 9:30 COMPUTER LAB (9 TO 12) EXEC MEETING - 10:00 AM BUSY BEES 1:00 - 3:00 PM MEMOIR - 2:00 PM (ZOOM)	12 EXERCISE 9:00 - 10:00 AM @ Community Center COMPUTER LAB (9 TO 12) CONCERT BAND PRACTICE 7:00 PM	13 YOGA 9 -10 AM COMPUTER LAB (9 TO 12) LINE DANCE W/ ROSE - 10:00 POETRY 1:00 -3:00 PM @ LAWRENCE LIBRARY BINGO - 1:00 - 3:00	14	POLICY Social Distancing Will Be Followed. Temperature Checks at Door. Mask Recommended When Social Distancing Can Not Be Followed, Particularly if Unvaccinated. If You Have Symptoms, PLEASE STAY HOME!
15	16 EXERCISE 9:00 - 10:00 AM @ Community Center COMPUTER LAB (9 TO 12) TAI CHI 10:30 - 11:30 AM @ Community Center	17 CLUB #1 - 10:30 AM HEALTHY BONES - 1:30 - 3:00 COMPUTER LAB (9 TO 12) ORCHESTRA - 7:00 PM	18 LINE DANCE W/ BILL 9:30 COMPUTER LAB (9 TO 12) BUSY BEES 1:00 - 3:00 PM MEMOIR - 2:00 PM (ZOOM)	19 EXERCISE 9:00 - 10:00 AM @ Community Center COMPUTER LAB (9 TO 12) CONCERT BAND PRACTICE 7:00 PM	20 YOGA 9 -10 AM @ Community Center LINE DANCE W/ ROSE - 10:00 COMPUTER LAB (9 TO 12) BINGO - 1:00 - 3:00	21	THE MERCER COUNTY NUTRITION HOT LUNCHESES RESUME 5/2/22
22	23 EXERCISE 9:00 - 10:00 AM @ Community Center COMPUTER LAB (9 TO 12) TAI CHI 10:30 - 11:30 AM @ Community Center CHORALIERS 1:00 - 2:00 PM	24 CLUB #2 - 10:30 AM COMPUTER LAB (9 TO 12) HEALTHY BONES - 1:30 - 3:00	25 LINE DANCE W/ BILL 9:30 COMPUTER LAB (9 TO 12) BUSY BEES 1:00 - 3:00 PM MEMOIR - 2:00 PM (ZOOM)	26 EXERCISE 9:00 - 10:00 AM @ Community Center OLDER AMERICANS MONTH AFTERNOON SOCIAL 2:00 - 4:00 PM - BOB ORLOWSKI CONCERT BAND PRACTICE - 7 PM	27 NO YOGA 9 -10 AM COMPUTER LAB (9 TO 12) LINE DANCE W/ ROSE - 10:00 BINGO 1:00 - 3:00 PM	28 MEMORIAL DAY PARADE STEP OFF 10:00 AM LAWRENCE HIGH SCHOOL	PROGRAM IS AVAILABLE IN DOORS MON. WED. THURS. AND FRI. 9:00 AM - 1:00 PM Registration Required Please call Millie Booth (609)883-8085 OR (609)989-6650
29	30 CENTER CLOSED 	31 COMPUTER LAB (9 TO 12) OUTING TO MILITIA MUSEUM - 10:00 AM HEALTHY BONES - 1:30 - 3:00	When I Look At You, I Am Inspired To Be A Better Human And A More Hard Working Soul Because You Have Made Age Just A Number And Life An Inspiration. HAPPY OLDER AMERICANS MONTH		BINGO RESUMES FRIDAY 5/13/22 PREGISTRATION REQUIRED.		Lawrence Township Senior Center, 30 East Darrah Lane, Lawrence Twp. NJ 609-844-7048 DIRECTOR Lillian LaSalle llasalle@lawrencetwp.com & Coral Phillips cphillips@lawrencetwp.com Office Hours: 8:30 - 4:30 pm
1	TAI-CHI, YOGA AND EXERCISE CLASSES AT COMMUNITY CENTER 295 EGGERTS CROSSING ROAD PREREGISTRATION REQUIRED		PRE-REGISTER IN THE OFFICE TO WALK OR RIDE IN THE MEMORIAL DAY PARADE LAP BLANKET PROJECT Is Ongoing - Pick Up Yarn At The Senior Center For Our "Neighbors Helping Neighbors Project"				